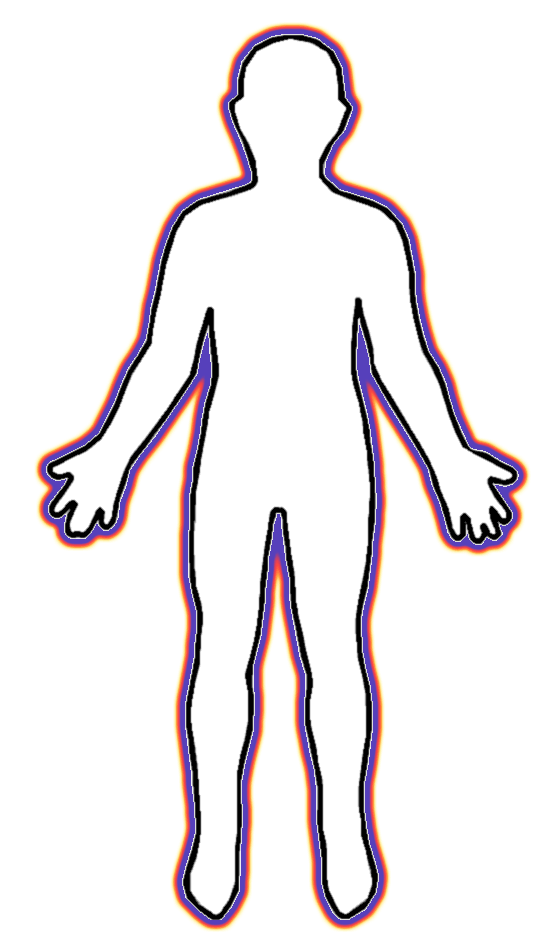
This is what I look like when I am anxious or worried. Sometimes, I don’t know **WHY** I feel that way!

Here’s what I might be thinking:





Here’s what I might be feeling inside my body.