Tape Road

A picture containing floor, indoor, building, hard

Description automatically generatedA picture containing floor, indoor, person, hard

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**Purpose**: to help kids their develop their fine motor skills by grasping a toy car and their gross motor skills by crawling throughout the house!

**Supplies**: a clean / clutter-free / carpet-free floor, painters’ tape, toy car

**Steps**:

1. Make a tape road with your child’s input and help
   1. Their wider the road is the easier it will be
   2. the narrower the more difficult
2. collet toy cars
   1. The bigger the car the easier it will be for the child to grasp it
   2. The smaller it is the more difficult
3. Demonstrate the rules of the game are to stay within the lines of the “road”
4. Help develop a “story” with your child. Such as driving a firetruck or having a race
5. During the activity observe the child for signs of frustration or feeling overwhelmed so that you can help them as needed.
6. Provide encouragement and help the child have fun with this activity!

For more information go to: <https://handsonaswegrow.com/tape-road-simple-activity/>